

BOSTON MARATHON

(FIELD SIZE LIMIT 25,000) ELIGIBILITY AND QUALIFYING

Qualifiers for the 114th Boston Marathon must meet the designated time standard that corresponds to their age group. Qualifying performances must be run on or after September 27, 2008 in marathons which have been certified by USA Track and Field or foreign equivalent.

Age on April 19, 2010 determines qualifying time. Age group on the day of the qualifying race may differ. The B.A.A. accepts net times from electric timing and scoring systems. Athletes are 18-years or older on April 19, 2010. The B.A.A. reserves the right to reject any entry, issue special invitations, cancel the race, expand or further limit the field, or adjust the entry procedures.

Seeding is based on qualifying times, which are subject to review and verification.

2010 QUALIFYING STANDARDS

Age Group	Men	Women
18-34	3hrs 10min	3hrs 40min
35-39	3hrs 15min	3hrs 45min
40-44	3hrs 20min	3hrs 50min
45-49	3hrs 30min	4hrs 00min
50-54	3hrs 35min	4hrs 05min
55-59	3hrs 45min	4hrs 15min
60-64	4hrs 00min	4hrs 30min
65-69	4hrs 15min	4hrs 45min
70-74	4hrs 30min	5hrs 00min
75-79	4hrs 45min	5hrs 15min
80 +	5hrs 00min	5hrs 30min

Proof of qualification, such as a copy of a finish certificate or results listing (non-returnable), is required. Qualifying times attained at marathons using electronic timing and scoring systems do not require submission of proof.

NYC MARATHON

Runners who meet the following qualifying time standards* in a race whose results can be certified online:

Age Group	Men		Women	
	Full	Half	Full	Half
18-39**	2:55:00	1:23:00	3:23:00	1:37:00
40-49**	3:10:00	1:30:00	3:38:00	1:44:00
50-59**	3:30:00	1:40:00	3:52:00	1:50:00
60-69**	3:45:00	1:48:00	4:13:00	2:00:30
70+ **	4:00:00	1:55:00	4:35:00	2:11:00

* All times must be run at, or faster than, the posted time.

** Your age on the day of the qualifying race.

You must have met the appropriate qualifying time between January 1, 2009 and January 31, 2010 (2010 NYC Half-Marathon and Boston Marathon 2010 times will also be accepted). Include the race name and date with your application.